

【Part4】 Working with Confidence in the Long Term

Many people who work in Japan think, "I want to work here longer," "I want to learn new skills," or "Is this the right workplace for me?" To keep working with confidence, it is important not only to do your job well but also to think about your future and personal growth. In this edition, we explain simple ideas for staying in your job and building your career. We hope this information helps you find a better way to work.

Career Growth and Success at Work

Q1

What is important for working in the long term?

A1

To keep working with confidence, it is important to understand the rules at work and communicate well with the people around you. If you do not understand something, ask questions instead of guessing. Taking care of your health is also important for working in

Q2

I am getting used to my job, but I am not sure if this is enough.

A2

Doing the same job is not enough. It is important to learn new skills and improve what you can do. You can also try new tasks and improve your Japanese. This will give you more job opportunities and more choices for your future.

Q3

How can I build my career?

A3

First, do your current job well. Then, try to get new qualifications or learn new skills. This can help you find better job opportunities and improve your working conditions. It is also a good idea to talk with your supervisor about ways to grow.

Q4

How can I earn trust at work?

A4

Be on time, keep your promises, and report, contact, and ask for advice when needed. These basic actions help people trust you. Doing these things every day will help others see your good work. Small actions can make a big difference.

Q5

My Japanese is not improving. What should I do?

A5

Try to learn the Japanese words you use at work. It is also helpful to use Japanese in your daily life as much as possible. Write down new words you do not understand and keep learning little by little. This will help you improve your Japanese.

Q6

I find it hard to talk to people at work. What should I do?

A6

Even if it is difficult, try talking to someone when the timing feels right. Start with a small matter. This may help you talk more easily over time. If it is still too difficult, you can also ask for help from an outside support service.

Q7

I'm not sure if this job is right for me. What should I do?

A7

Think about your work and the way you work. Ask yourself what is important to you. If you feel this job is not right for you, do not force yourself to stay. It is also a good idea to look for information about other job opportunities.

Q8

How can I improve my skills?

A8

You can learn through your daily work. You can also join training programs or study for a qualification. Set small goals and keep learning step by step.

Q9

I'm worried about my future. What should I do?

A9

Try to do your current job well while building your skills and experience. It is also important to think about your future career. Planning ahead can help you feel more confident about the future.

To work in Japan with confidence in the long term,
it is important not only to do your job well but also to think about your future and keep learning.