

## 【Part3】 Leaving Your Job, Contract Ending, and Your Visa

Many foreign workers worry about what will happen if their contract is not renewed, if they want to quit their job, or if they are unsure about their status of residence. Leaving a job or reaching the end of a work contract can affect both your work and your daily life. In this edition, we answer common questions about quitting a job, the end of a work contract, and your status of residence. We hope this information helps you understand your options and move forward with confidence.

### Key Points to Know When Leaving a Job or When Your Employment Contract Ends.

**Q1**

My contract will not be renewed. What should I do?

**A1**

First, check your employment contract and confirm your contract period and the renewal conditions. Then, ask your employer why your contract will not be renewed and what will happen next. If this will affect your daily life, start looking for a new job as early as possible.

**Q2**

My employer suddenly told me, "Don't come to work from tomorrow." What should I do?

**A2**

There are rules about dismissal and non-renewal of employment contracts. First, check your employment contract. Then, ask your employer to explain the reason and the procedures. It is important to keep a record of what was said and what happened. If you are not satisfied with the explanation, you can consider asking the Labor Standards Inspection Office or another support organization for advice.

**Q3**

What should I do if I want to quit my job?

**A3**

If you want to leave your job, follow the procedures in your employment contract or workplace rules. Tell your employer that you want to resign. In most cases, you need to give notice in advance. Do not leave your job without telling your employer, as this may cause problems.

**Q4**

Do I have to leave Japan as soon as I quit my job?

**A4**

No. You do not have to leave Japan immediately. However, depending on your status of residence, your activities may be checked. After leaving your job, try to find a new job as soon as possible and complete any necessary procedures for your situation.

**Q5**

What should I do if I cannot find a new job?

**A5**

You can get help finding a new job at Hello Work. Depending on your status of residence, you may need to change your status. If you are not sure what to do, ask for advice as early as possible.

**Q6**

Do I need to complete any procedures after leaving my job?

**A6**

Yes. You may need to complete procedures for health insurance, pension, and resident tax. It is also important to receive documents, such as your separation notice from your employer. Be sure to check that you have all the documents you need.

**Q7**

Can I use my paid leave before I leave my job?

**A7**

Yes. If you have any paid leave left, you can use it before you leave your job. Talk with your employer about when to take your paid leave and plan.

**Q8**

I have a problem with my employer. What should I do?

**A8**

First, organize the situation and check your employment contract and document the facts. Keep a record of what happened and your conversations with your employer. If necessary, ask a support organization for advice. This may help you solve the problem.

**Q9**

I am worried about my life until I find a new job. What should I do?

**A9**

Your income may stop, so try to find a new job as soon as possible. You may also be able to get support from your local government or a consultation service. Do not wait too long to ask for help.

Leaving a job or losing a job can be very stressful. However, if you have the right information, you can take the right steps. Do not deal with your problems alone. Check your situation early and complete any necessary procedures.